Awareness -

her gaze is so constant,

our every move watched with such affection,

a ceaseless vigil

without condition or agenda, silent, patient,....

unrelenting in herembrace.

There is endless room in the heart of this lover,
infinite space for whatever foolishness we may toss her way.

But she is also crafty, this one —

a thief who will steal away everything we ever cherished,
all our beliefs,all our ideas,.....all our philosophies,
until nothing is left but her shimmering wakefulness,
this simple love for what is.

~~~

Posted by Marie Bloomfield, B.Sc.,M.Psychol.MA Website: <a href="www.bloomfieldpsychology.com.au">www.bloomfieldpsychology.com.au</a> Website: <a href="www.mindfulpath.com.au">www.mindfulpath.com.au</a>