

Myself and My Person by Anna Swir (Swirscynska)

There are moments when I feel more clearly than ever
that I am in the company of my own person.

This comforts and reassures me, this heartens me,
just as my tridimensional body is heartened by my own authentic shadow.

There are moments when I really feel more clearly than ever
that I am in the company of my own person.

I stop at a street corner to turn left and I wonder what would happen
if my own person walked to the right.

Until now that has not happened but it does not settle the question.

So why not make my own company pleasant...
like a friend... understanding, supporting, encouraging
Making life more full for me... like a good friend would!

~*~

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